

Department of Child Development Project

Centrally Sponsored ICDS Scheme

Under the Integrated Child Development Services (ICDS) Scheme, 219 Anganwadi Centres and 34- Mini Anganwadi Centres are functioning in the U.T. of Dadra & Nagar Haveli.

The Following package of services are being provided in the ICDS:

1. To improve the nutritional & health status of children in the age group 0-6 years.
2. To lay the foundations for proper psychological, physical & social development child.
3. To reduce the incidence of mortality, morbidity, malnutrition and school dropout.
4. To achieve effectively coordination of policy and implementation amongst the various departments to promote child development.
5. To enhance the capability of the mother to look after the normal health and nutritional needs of the child through proper nutrition and health education.

2. Supplementary Nutrition Programme

One of the main components of Minimum Needs Programme is Nutrition and it assumes great importance in this territory. Ever since inception of the scheme, nutritive food to the children up to the age group of 6 years and, to nursing and expectant mother is provided with a view to improve the nutritional level in which a child is provided 8-10 grams of protein and 300 calories and mother gets 20-25 grams of protein and 500 calories.

2. Kishori Shakti Yojana (Adolescent Girls Scheme)

Under the Adolescent Girls Scheme, (Kishori Shakti Yojana) two scheme viz, Girls to Girls Approach Scheme and Ballka Mandal Scheme were introduced to this territory from November, 1991.

Under **Girls to Girls Approach scheme**, 300 girls in the age group of 11 to 15 years are to be enrolled every six months. The objective of the scheme is to make adolescent girls trained in all aspects of Anganwadi work, including management of stores, organization of feeding programme, immunization schedules, weightment of children, home visit, pre-school activities etc.

Necessary training is imparted to them by way of organizing 3 days initial training programme, which is followed by one-day refresher training every month

Under the **Balika Mandal Scheme**, average 200 girls in the age group of 11 to 18 year are to be enrolled. The objective of the scheme is to make adolescent girls understand and learn the significant of personal hygiene, environmental sanitation, nutrition home nursing first-aid, health and nutrition education, family life, child care and development etc..

3. Pilot Project (N.P.A.G.)

The scheme is implemented in U.T. of Dadra and Nagar Haveli since the year 2003-04. Under the scheme, beneficiaries are provided Food Grain free of cost as per guidelines of Govt. of India. The target group under the scheme, Adolescent girls are being provided 6 Kg. Rice through the PDS shop whose weight below 30 Kg. (11-14 years) and 35 Kg.(15-19 years). Under this scheme, these beneficiaries are provided facilities continuously for the period of three months and thereafter on verification of their weight will be provided food grain as per guidelines. The Govt. of India

is allocating food grains (Rice) to distribute to the beneficiaries through the Food Corporation of India (FCI).

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